# Health equity: what's power got to do with that?

MIHP Provider Annual Training
May 17<sup>th</sup>, 2022











Servant Leadership



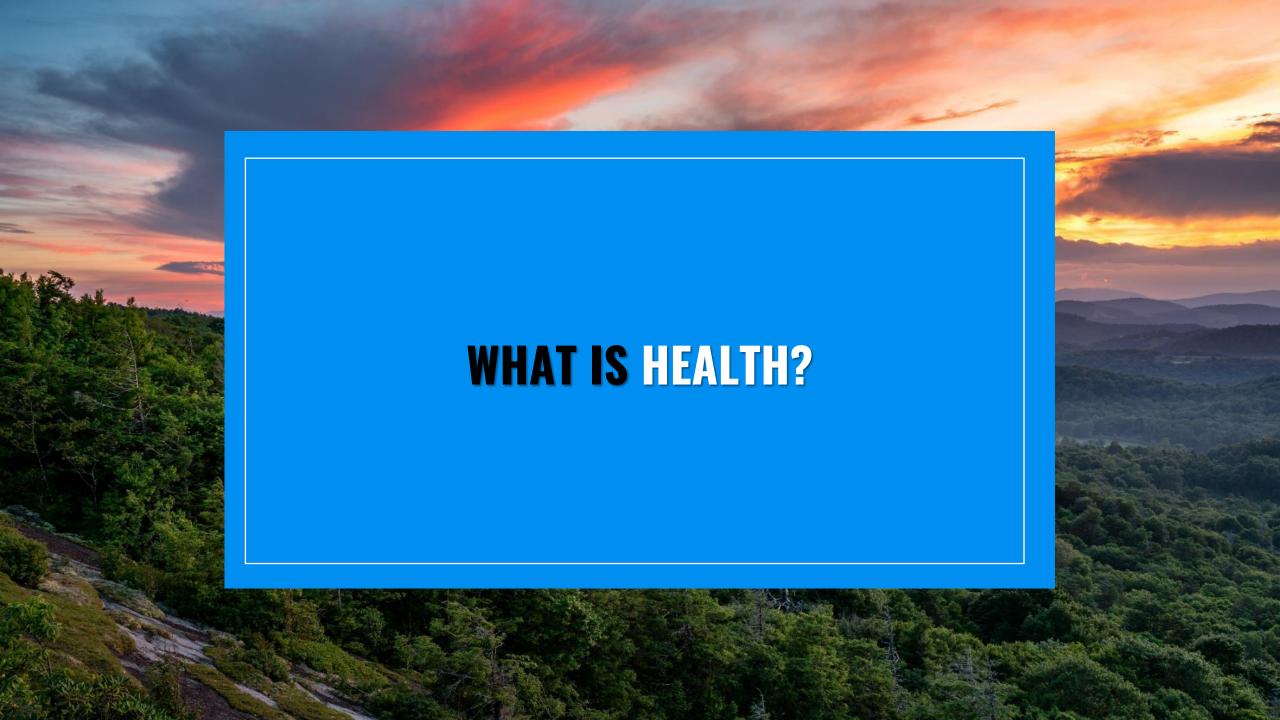
Authentic Relationships

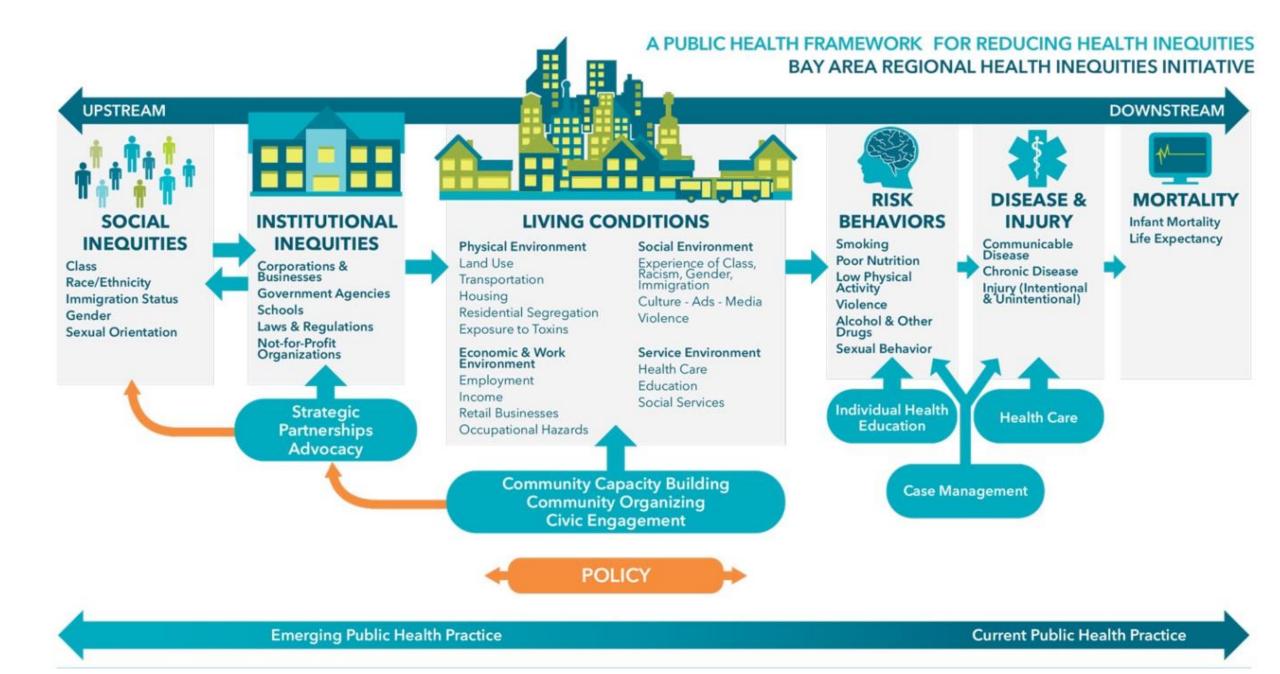


Quality and Excellence



Health Equity and Social Justice



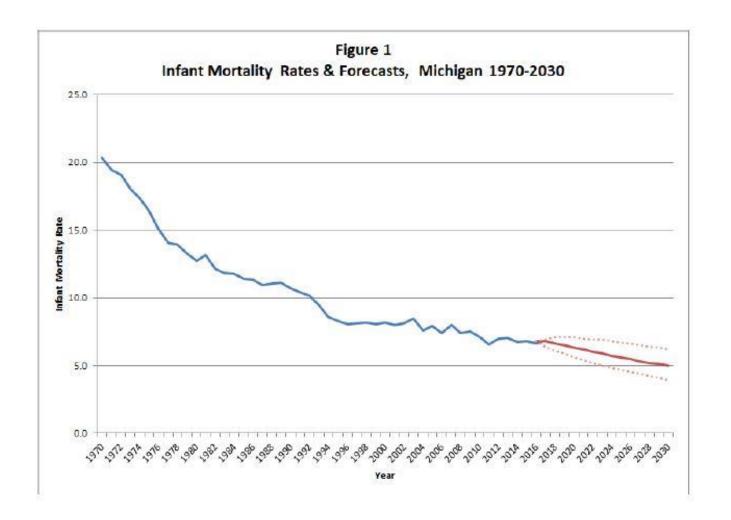


# HEALTH DISPARITY



A disproportionate difference in health between groups of people; observable and measurable

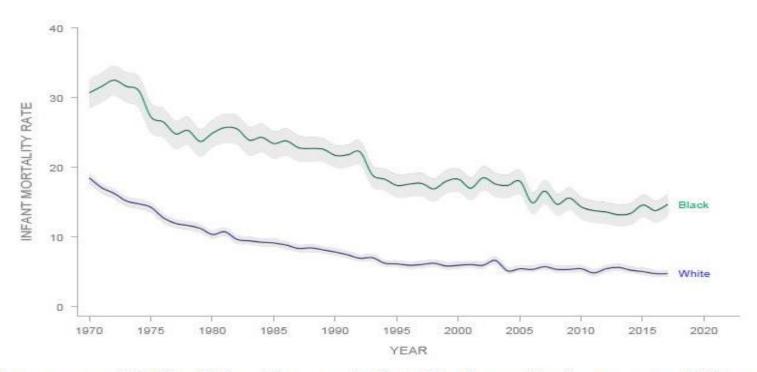
By itself, disparity does not address the chain of events that produces it...the "why?"



Note: Rates are per 1,000 live births. Rates after 2017 are forecasted within an 80% prediction interval indicated by the dotted lines; this means that the future rates fall between the lower and upper bounds of the interval with 80% probability.

Source: 1970- 2017 Michigan Resident Birth and Death Files, Division for Vital Records & Health Statistics, Michigan Department of Health & Human Services

Figure 2
Comparison of White and Black Infant Death Rates for Michigan Residents, 1970-2017



Rates are per 1,000 live births. The range indicated by the grey band represents a 95% confidence interval; this means that the true rate lies between the lower and upper bounds of the interval with 9 statistical confidence.

1970-2017 Michigan Resident Birth and Death Files, Division for Vital Records & Health Statistics, Michigan Department of Health & Human Services

# HEALTH INEQUITY



Differences in population health status and mortality rates that are *systemic*, patterned, *unjust*, and *actionable*, as opposed to random or caused by those who become ill

Margaret Whitehead, The Concepts and Principles of Equity in Health. Health Promotion International 6(3): 217-28. 1992



# DEFINING HEALTH EQUITY

**Health equity** can be viewed as both a **process** – removing economic and social obstacles to health such as poverty and discrimination and an **outcome** – everyone has a fair and just opportunity to be healthy\*

\* Braveman P, Arkin E, Orleans T, Proctor D, and Plough A. What Is Health Equity? And What Difference Does a Definition Make? Princeton, NJ: Robert Wood Johnson Foundation, 2017

### **SOCIAL DETERMINANTS** OF HEALTH

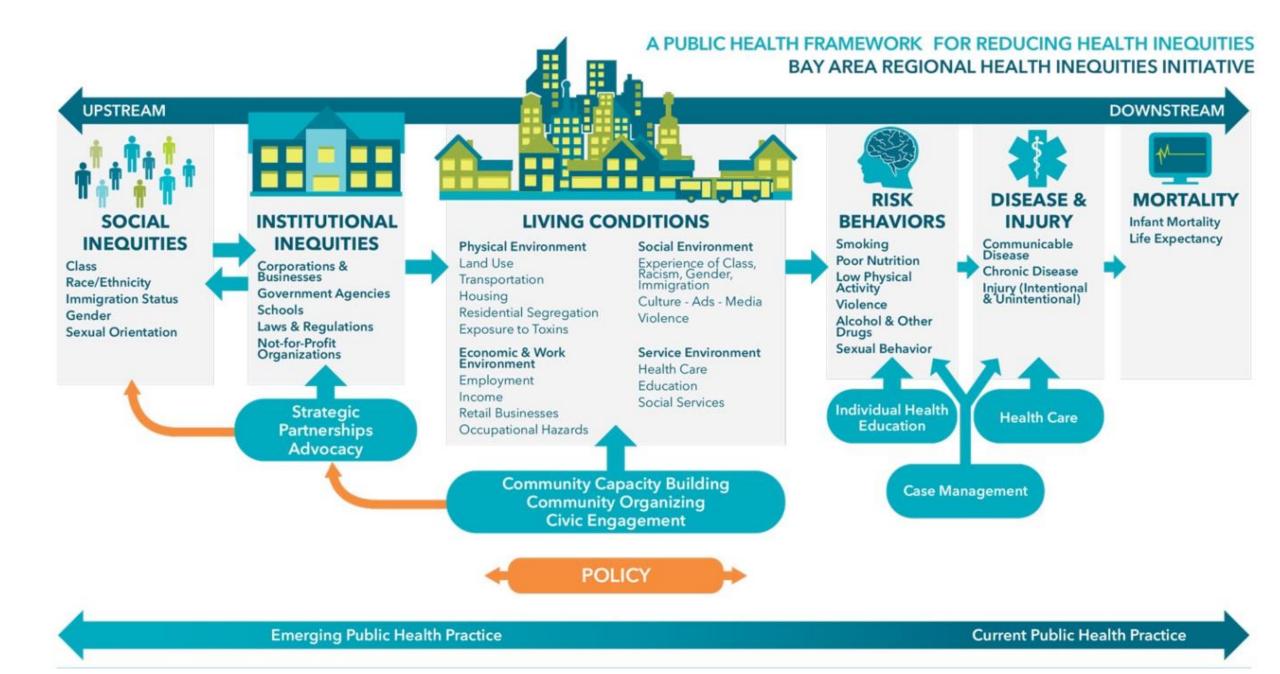
The economic and social conditions that influence the health of individuals, communities, and jurisdictions as a whole;

The conditions in which people are born, grow, live, work, and age

#### **SDOH** include, but are not limited to:



Dennis Raphael, Social Determinants of Health; Toronto: Scholars Press, 2004



# ROOT CAUSES OF OPPRESSION



#### **PERSONAL**

Values, Beliefs, Feelings, Attitudes, Opinions

#### **CULTURAL**

Context, Climate, Shared Values, Unwritten Rules, Norms

#### **STRUCTUAL**

Connections that link separate institutions to create a system

# OPPRESSION AND CHANGE

#### **INTERPERSONAL**

Actions, Relationships, Behaviors, Communication

#### **INSTITUTIONAL**

Policies, Practices, Rules, Procedures

# FORMS OF OPPRESSION USED TO MAINTAIN POWER

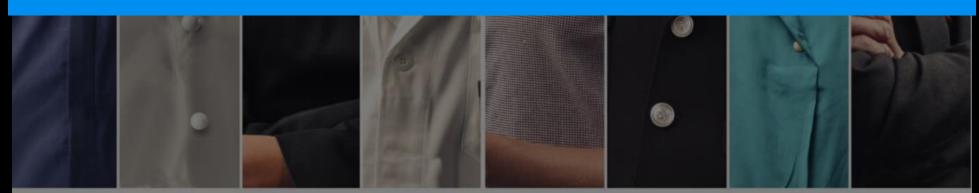
All contribute to systemic, avoidable, unfair, and unjust health outcomes and are used to maintain power

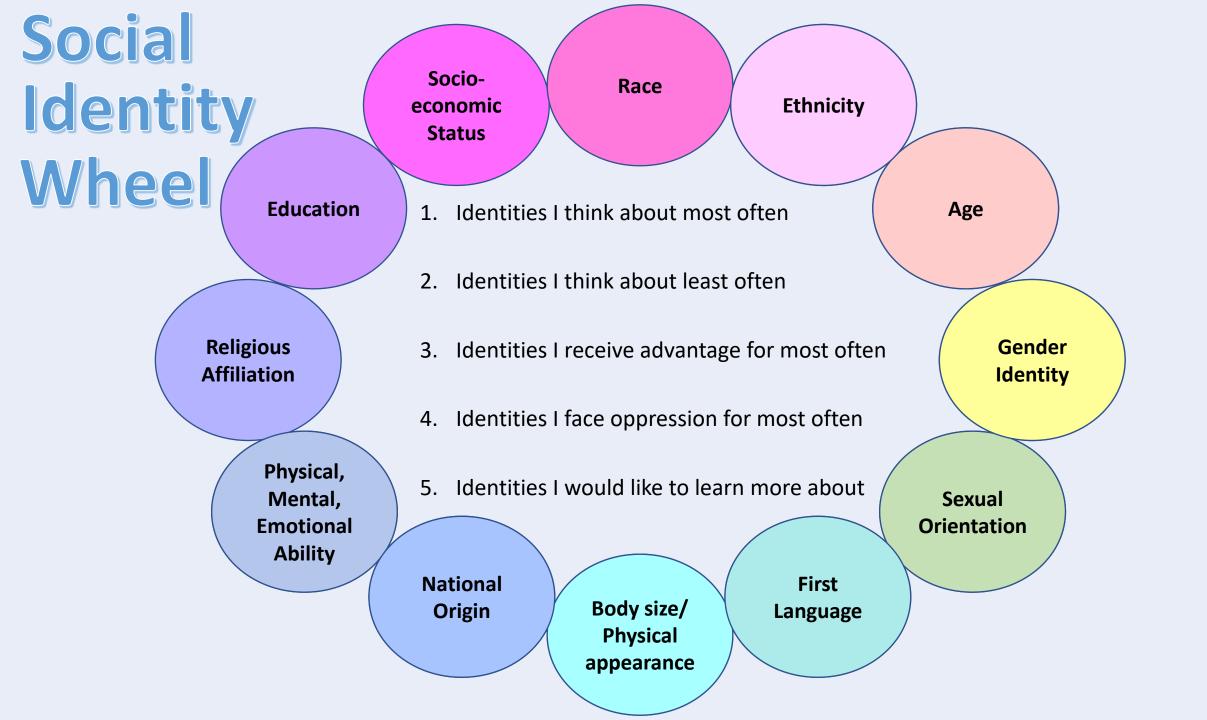






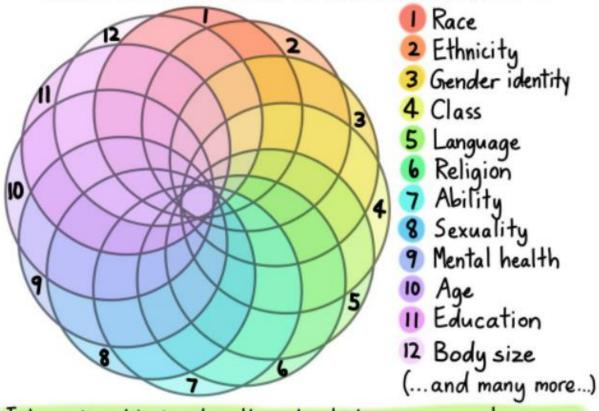
# OUR SOCIAL IDENTITIES







### INTERSECTIONALITY



Intersectionality is a lens through which you can see where power comes and collides, where it locks and intersects. It is the acknowledgement that everyone has their own unique experiences of discrimination and privilege.

- Kimberlé Crenshaw -

# WHAT ABOUT POWER?

"In reality, power is dynamic, relational and multidimensional, changing according to context, circumstance and interest. Its expressions and forms can range from domination and resistance to collaboration and transformation."

## POWER

 The purpose and interests of those with power will be most prominent in our political, social, and economic environment

Is commonly understood as a form of authority, control or domination

 Those with authority over others are considered powerful, while those who are dominated are seen as powerless

## **SOURCES & POSITIONS OF POWER**

Expressions
'Power to'

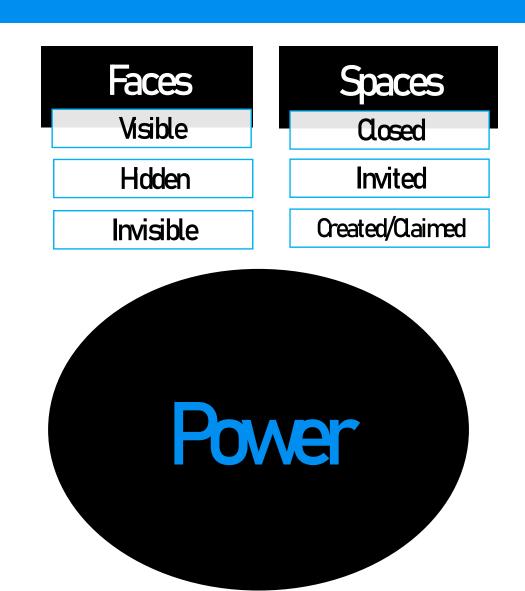
'Power with'

'Power within'

Realms
Public

**Private** 

Intimate



Levels Hbusehold Community Local **National** Regional Global

## **EXPRESSIONS OF POWER**



**Power to:** Individual ability to act

Every individual has the 'power to' make a difference



**Power with:** Collective action, the ability to act together

Helps build bridges and is about bringing together resources and strategies



**Power within:** Individual or collective sense of self-worth, value, dignity

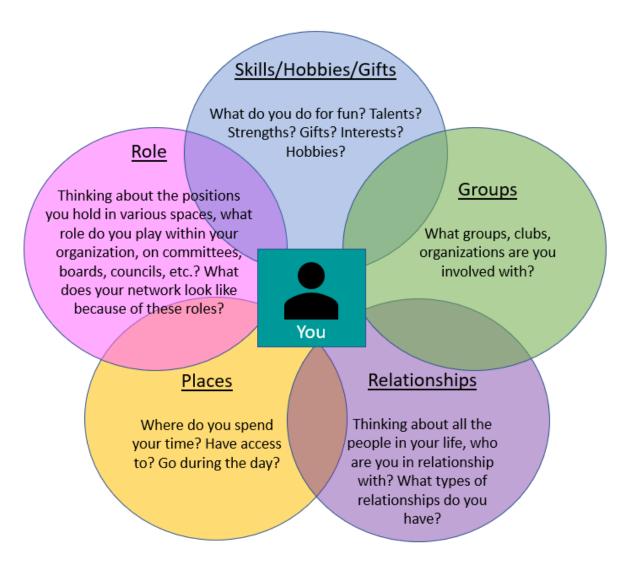
Build their capacity to imagine and raise aspirations about change

### MHEET OF BOMESVBSIMITEGE





## INDIVIDUAL ASSET MAPPING





With you

**EMPATHY** 

I get you

I hear you

I see you

I am willing to know you

LISTENING

OPENNESS

RAPPORT



